

Jonas Alumni Newsletter

NOVEMBER 2017



WELCOME MESSAGE

Greetings Jonas Alumni!

Thank you for accessing the latest edition of our *Jonas Alumni e-Newsletter*. We were delighted by your overwhelming support for our first e-Newsletter in March, and have been looking forward to capturing your enthusiasm in this next edition. It is our pleasure to be able to again share many new Jonas Alumni Scholar accomplishments, and many new Jonas Center happenings, only a few months later! If you did not receive a copy of the March newsletter, you can view it by [clicking here](#).

Our newsletter always includes a summary of recent and upcoming Jonas Alumni Scholar events, as well as updates from our national Alumni Workgroups, and a *Spotlight* section highlighting a topic of high relevance to our community of professionally engaged Scholars. This edition's Spotlight examines the topic of board membership as an effective leadership strategy for *communicating your message*. We are also pleased to share the achievements of your fellow Alumni in our popular *Scholar Happenings* column. We hope you will consider sharing your own achievements in a future edition. If you are interested in sharing your accomplishments with the Jonas Alumni community, please fill out the following simple form to share your good news: [Jonas Alumni Accomplishments](#).

Please continue to enjoy this newsletter. We trust that you will find it to be a good way to stay engaged as a Jonas Alumni Scholar.

Warmest Welcome Back,
Co-Editors Annie Rohan and Teresa Yambo

ALUMNI WORKGROUP CORNERS

To further the professional development, networking, and leadership of Jonas Alumni Scholars, the Advisory Council operates primarily through workgroups. We have streamlined activities for optimal impact over the past year, thereby merging four smaller workgroups into two robust leadership units: (1) **The Professional Meetings Workgroup**; and (2) **The Communications Workgroup**. Jonas Alumni Scholars who are successful in earning a position of the Jonas Scholar Alumni Council will participate in one of these workgroups.




[Professional Meetings Workgroup](#)

The Professional Meetings Workgroup is responsible for determining structures for national, regional and local meetings, and strategies for marketing these meetings to Jonas Alumni, as well as working with the Jonas Center and AACN staff to coordinate with Alumni attendees and meeting events. This Workgroup has enjoyed planning FOUR events over the past year, by incorporating Jonas Alumni Scholar networking activities into the schedule of each of the four regional Nursing Research Society (Eastern Nursing Research Society, Midwest Nursing Research Society, Western Nursing Research Society, and Southern Nursing Research Society) meetings. A total of over 200 Jonas Alumni and Jonas Scholars attended these four events (which were respectively held in Philadelphia, PA; Minneapolis, MN; Addison/Dallas, TX; and Denver, CO) where they were treated to special designation ribbons, networking space, cocktail receptions, and a great deal of unanticipated support for their poster and platform presentations! Watch your email and social media for announcements to join us at future conferences, whether you are registered for the event, or if you are simply in the area.








Communications Workgroup

The Communications Workgroup is responsible for your Alumni e-newsletters; social media presence; and for developing an annual Webinar highlighting a topic of high relevance to our community of professionally engaged Scholars. The Communications Workgroup is currently planning for its first Jonas Alumni Scholar Webinar, tentatively scheduled for Spring 2018. The topic of this first Webinar will be "DNP-PhD Partnerships." As always, Jonas Alumni Scholars will all be invited to learn...and to earn no-cost CEUs at these Jonas/AACN-sponsored Webinars. The Communications Workgroup has also supported the growing social media presence of our Alumni over the past year with the help of *Sharp Communications* (<http://www.sharpthink.com>). *LinkedIn* and *Twitter* have emerged as preferences of our Scholars, with over 200 Alumni currently members of our *LinkedIn* pages or following our *Twitter* handle. Please consider joining us on social media ([LinkedIn group](#)). In addition, consider "liking" us on [Facebook](#) to keep up with our many scholar happenings, and social and professional events.





SCHOLAR HAPPENINGS

	<p>Susan Adamek Jonas III Nurse Leader Scholar</p>	<p>Webinar Presentation: Adamek, S.C. & Ozan-Rafferty, M. (2017). Driving results through interdisciplinary leadership skills simulation. Webinar presented for the Beryl Institute, June 13, 2017.</p>
	<p>Anastasia Albanese-O'Neill Jonas III Nurse Leader Scholar</p>	<p>Publication: Albanese-O'Neill A, Wu M, Miller KM, Jacobsen L, Haller MJ, Schatz D. Poor adherence to ketone testing in patients with type 1 diabetes. <i>Diabetes Care</i>. 2017;40(4): e38-e39. doi:10.2337/dc16-2620 http://www.reuters.com/article/us-health-diabetes-ketone-testing-idUSKBN15B275</p>
	<p>Carissa Alinat Jonas IV Nurse Leader Scholar</p>	<p>Recent Publication: Lengacher, C.A., Reich, R.R., Ramesar, S., Alinat, C.B., Moscoso, M., Cousin, L., ... & Park, J.Y. (2017). Feasibility of the mobile mindfulness-based stress reduction for breast cancer (mMBSR(BC) program for symptom improvement among breast cancer survivors. <i>Psychooncology</i>, Epub ahead of print.</p>

	Debbie Anglade Jonas III Nurse Leader Scholar	<p>Publication: Santaella, M., Bloomberg, M., Anglade, D. (2017). Home infusion teaching practices at federally funded hemophilia treatment centers in the United States of America. <i>Research and Practice in Thrombosis and Haemostasis</i>, 00, 1-9; doi:10.1002/rth2.12020. http://onlinelibrary.wiley.com/doi/10.1002/rth2.12020/pdf</p>
	Helen Baker Jonas IV Nurse Leader Scholar	<p>Publication: Baker H., McGee B. (2017). Precollege Programs: An Innovative way to introduce nursing to college-bound students. <i>J Nurs Educ.</i> 56(5) 316. https://www.healio.com/nursing/journals/jne/2017-5-56-5/%7B1f67cbf3-ea8e-4117-b43a-fac339b2ecd4%7D/precollege-programs-an-innovative-way-to-introduce-nursing-to-college-bound-students</p>
	Sonia Brown Jonas III- Blaustein Nu rse Leader Scholar	<p>Election: 2016-2017 Fellow, Nurse Leadership Institute, University of Maryland School of Nursing. Elected April 2016 President Elect for the Nurse Practitioner Association of Maryland. April 26, 2017, to April 2018 term.</p>
	Arianna Chao Jonas III Nurse Leader Scholar	<p>Publication: Chao, A. M., Jastreboff, A. M., White, M. A., Grilo, C. M., & Sinha, R. (2017). Stress, cortisol, and other appetite-related hormones: Prospective prediction of 6-month changes in food cravings and weight. <i>Obesity</i>, 25(4), 713-720. https://www.ncbi.nlm.nih.gov/pubmed/28349668</p>
	Alicia Craig-Rodriguez Jonas IV Nurse Leader Scholar	<p>Promotion: In August 2017, was promoted to full-time specialized faculty and Entrepreneur in Residence at Florida State College of Nursing. I am currently teaching graduate courses in Health Policy, Translation & Synthesis, DNP Project Development, Leadership, and Finance, Economics and Entrepreneurship. https://issuu.com/mmcqhee002/docs/2017_con_annualreport-web-electroni</p>
	Mari Griffioen Jonas III Nurse Leader Scholar	<p>Publication: Griffioen, M. A., Greenspan, J. D., Johantgen, M., Von Rueden, K., O'Toole, R.V., Dorsey, S. G. & Renn, C. L. (In press). Quantitative sensory testing and current perception threshold testing in patients with chronic pain following lower extremity fracture. <i>Biological Research for Nursing</i>. https://www.ncbi.nlm.nih.gov/pubmed/28735556</p>
	Loan Ho Jonas IV Nurse Leader Scholar	<p>Poster Presentation: Ho, L.H., Montealegre, J.R., Al-Arabi, S., Jibaja-Weiss, M.L., & Suarez, M.G. (2017, April). Impact of Colonoscopy Preparation Video on Boston Bowel Preparation Score. Poster presented at the Baylor College of Medicine Annual Quality Improvement and Patient Safety Conference 2017, Houston, TX. http://www.baylorcme.org/pdfs/BCM_Quality_Improvement-Strategies_for_all_Learners_Brochure_rev2.pdf</p>

	Karen Jennings Jonas II Scholar	Publication: Jennings, K.M., Coccaro, E., & Wildes, J.E. (2017). Intermittent explosive disorder and eating disorders: Analysis of national comorbidity and research samples. <i>Comprehensive Psychiatry</i> , 75, 62-67. doi: 10.1016/j.comppsy.2017.02.011
	Nowai Keleekai Jonas II Scholar	Publication: Glover, K., Stahl, B., Murray, C., LeClair, M., Gallucci, S., King, M., Labrozzi, L., Schuster, C., & Keleekai, N. (2017). A simulation-based blended curriculum for short peripheral IV catheter insertion: An industry-practice collaboration. <i>The Journal of Continuing Education in Nursing</i> , 48(9): 397-406.
	Holly Kirkland-Walsh Jonas II- Hartford Scholar	Grant: Working under a grant funded by AARP and the Betty Irene Moore School of Nursing, I wrote and starred in 6 videos to be published on the Home Alone No Longer AARP website. These videos show step by step how caregivers can provide wound care and pressure ulcer prevention after discharge from hospital. These will be ready for caregiver viewing from home in early October 2017. http://blog.aarp.org/2017/03/22/new-home-alone-alliance-video-series-brings-together-aarp-and-va-to-support-family-caregivers/
	Maichou Lor Jonas III Nurse Leader Scholar	Awards: 2017 Award for Mentoring Undergraduates in Research, Scholarly, and Creative Activities, University of Wisconsin-Madison. Will be graduating May 12, 2017 and accepted a postdoctoral fellowship at Columbia University, School of Nursing: Reducing Health Disparities Through Informatics Pre- and Postdoctoral Training Program (T32NR007969) http://nursing.columbia.edu/research/research-training-opportunities/reducing-health-disparities-through-informatics-rheadi
	Kate Morse Jonas II-NLN Scholar	Appointment: I was promoted to Associate Director of Educational Leadership and International Programs, Center for Medical Simulation https://harvardmedsim.org/blog/kate-morse-promoted-associate-director-cms-affiliate-program/
	Timiya Nolan Jonas IV Nurse Leader Scholar	Competitive Intensive: I have been competitively selected to participate in Yale School of Nursing's inaugural Summer Intensive. The intensive is an all-expenses paid, week-long event that is designed for career development of early nurse scientists who are interested in addressing social justice and health equity. http://nursing.yale.edu/diversity/initiatives/summer-intensive
	Jennifer Peterson Jonas IV Nurse Leader Scholar	Appointment: American Heart Association Council on Cardiovascular and Stroke Nursing, Pediatric Nursing Committee

	<p>Chuck Reuter Jonas IV Veterans Healthcare Scholar</p>	<p>Publication: Reuter, C., Caldwell, B., & Basehore, H. (2017). Evaluation of Cholesterol as a Biomarker for Suicidality in a Veteran Sample. Research in Nursing & Health. doi:10.1002/nur.21794 https://www.ncbi.nlm.nih.gov/pubmed/28431193</p>
	<p>Annie Rohan Jonas I Scholar</p>	<p>Appointment: Dr. Annie Rohan was appointed to the position of Program Director for the Doctor of Nursing Practice (DNP) Program at Stony Brook University School of Nursing. Dr. Rohan holds a tenure-track line at Stony Brook University, where her scholarship focuses on biomedical innovation. She plans to infuse this scholarship into the DNP Program through interprofessional (Nursing-Engineering) education initiatives. https://nursing.stonybrookmedicine.edu/dnp</p>
	<p>Marcia Shade Jonas IV Nurse Leader Scholar</p>	<p>Award: Edna Stillwell Writing Award from the Journal of Gerontological Nursing, in recognition of the contributions of Edna M. Stilwell, PhD, RN, C as Editor of the Journal from 1974 to 1997. The purpose of the Award is to continue Stilwell's tradition of mentoring and recognizing authors in the field of gerontological nursing. https://www.healio.com/nursing/journals/jgn/edna-stilwell-writing-award</p>
	<p>Briana Snyder Jonas IV Nurse Leader Scholar</p>	<p>Article: Invited to write an article for Sigma Theta Tau International Reflections on Nursing Leadership http://www.reflectionsonnursingleadership.org/features/more-features/finding-the-leader-in-me-my-journey</p>
	<p>Ann Stanton Jonas IV Nurse Leader Scholar</p>	<p>Grant: Awarded MNRS Dissertation Research Grant for Dissertation Study Mothers' Mental Health After Release from Incarceration https://www.mnrs.org/research-amp-awards/grant-opportunities/grant-opportunities</p>
	<p>Lisa Sundean Jonas IV Nurse Leader Scholar</p>	<p>New Employment: Joined the faculty at the University of Massachusetts Boston (Assistant Professor) following successful defense of dissertation in July.</p>
	<p>Ali Tayyeb Jonas IV Nurse Leader Scholar</p>	<p>Publication: Publication in collaboration with Cost of War project, Watson Institute International & Public Affairs at Brown University Tayyeb, A. R., & Greenburg, J. (2017, June 20). "Bad papers": the invisible and increasing costs of war for excluded veteran. Watson Institute International & Public Affairs. Brown University</p>

	Jessica Tillman Jonas III Nurse Leader Scholar	Award: Jessica Tillman, a PhD candidate at the Johns Hopkins University School of Nursing, has received a Ruth L. Kirschstein National Research Service Award (NRSA) Individual Predoctoral Fellowship from the National Institute of Nursing Research (NINR) of the National Institutes of Health (NIH). The award will support her dissertation research project entitled "The Influences of Coping Strategies and Social Support on Self-care Behaviors among Young Women with Pelvic Inflammatory Disease" (Award Number F31NR016397). https://projectreporter.nih.gov/project_info_description.cfm?aid=9261071&icde=33796002
	AnnMarie Walton Jonas III Nurse Leader Scholar	New Employment: AnnMarie Walton is an Assistant Professor at the Duke University School of Nursing in Durham, NC. https://nursing.duke.edu/directories/faculty/annmarie.walton
	Robin Whitney Jonas IV Nurse Leader Scholar	Publication: Whitney, R. L., Bell, J. F., Tancredi, D. J., Romano, P. S., Bold, R. J., & Joseph, J. G. (2017). Hospitalization rates and predictors of rehospitalization among individuals with advanced cancer in the year after diagnosis. Journal of Clinical Oncology, JCO-2017. doi: 10.1007/s11764-015-0470-y. http://ascopubs.org/doi/full/10.1200/JCO.2017.72.4963
	Denise Kelsey Wishner Jonas IV Veterans Healthcare Scholar	Research: Dissertation Research: Wishner, Denise Kelsey "Disparities Between Patients' End-of-Life Care Preferences and Actual End-of-Life Care Received." Publication in process.

Additional accomplishments for future newsletters can be shared by [clicking here](#).

UPCOMING EVENTS

SAVE THE DATE

SNRS Conference

March 21-24, 2018

Atlanta, GA

<https://snrs.org/future-conferences>

WIN Conference

April 11-14, 2018

Spokane, WA

<https://www.winursing.org/2018-conference/>

ENRS Conference

April 11-13, 2018

Newark, NJ

<http://www.enrs-go.org/html/2018-conference.html>

MNRS Conference

April 12-15, 2018

Cleveland, OH

<https://www.mnrs.org/annual-conference/general-information>

SPOTLIGHT: BOARD MEMBERSHIP

In our Fall issue, we *Spotlight* preparation for serving on an organizational board. We believe that the Jonas Center introduces doctoral nurses to board work through their coalition with universities and leadership initiatives. Hence, Jonas Scholars are positioned to serve on boards to expand the committee's perspective of financial management, healthcare policy, organizational structure, and to provide insight on workforce development issues. The Robert Wood Johnson Foundation (RWJF) Future of Nursing Campaign for Action's national strategy recommends "a nurse in every board room". So, what does it take to serve on a board? In this article, we provide four tips to prepare nurses interested in serving as a board member.



1. *Engage with a committee to benefit a cause.* Most organizations require experience to serve on a board. Therefore, if a nurse lacks experience, volunteering to serve as a member of a community board is one way to develop an operational understanding. An operational understanding will allow the nurse to grasp key concepts of the board process. A thorough understanding of the key concepts provides the nurse with knowledge of the roles and responsibilities of each board member.

2. *Educate yourself.* Organizations like *Nurses on Board Coalition*, *Center for Champion of Nursing*, and the *American Nurses Association* maintain a repository of web-based resources to prepare future nursing board members for success. These three organizations raise awareness of the U.S.-wide movement to encourage nurse involvement on a board committee. In addition, these organizations are responsible for the push to shift our nation's attitude towards the power of nurses joining boards.

3. *Learn the organizational mission.* To be a successful board member, nurses need a depth of experience in working with others to understand the organization's hierarchical order. In other words, a working knowledge of the organization is insufficient. Nurses need to understand the mission and how the organization intends to complete the mission over the course of the next decade. Furthermore, nurses should look towards the organization's future and know how today's decisions will impact the community's health long-term.

4. *Let your voice be heard.* For too long, nurses have remained in the backdrop, rather than the foreground, of healthcare. As a board member, the nurse must demonstrate one of the core competencies of the *American Organization of Nurse Executives*—communication. Serving on a board requires self-confidence, knowledge of the subject matter, and the ability to represent nursing as one of the primary leaders in healthcare. This means that the nurse must not put forth their personal agenda, rather the mission of the organization must be the heart of the nurse's service on the board. Thus, nurses communicate with and inform the organization's board members of the machinations of health care and the invaluable role of nursing.

Board members are in dire need of committed nurses to obtain a diverse perspective of the healthcare industry. In turn, nurses will have an opportunity to improve healthcare across a

wide spectrum. To learn more about financial literacy to serve on a board, go to www.amelearning.com/nursesonboards.

OTHER NEWS

SAVE THE DATE: 2018 Jonas Alumni Scholar Advisory Council Call for Applications

Are you interested in serving on the Jonas Alumni Scholar Advisory Council for the 2018-2020 term? If so, stay tuned in spring 2018, when a call for applications will be released.

Over 400 Current Jonas Scholars Come Together in Washington, DC for the Jonas Leadership Conference

The Jonas Alumni Scholar Advisory Council has been meeting regularly since 2016 to provide strategic direction for the Jonas Scholar Alumni group, with a goal of fostering long-term connections among alumni in the Jonas Scholar Network. There are now more than 1000 Jonas Scholars representing all 50 states in this network, all who are expected to be members of the Jonas Scholar Alumni group by 2022. Following more than a year of regular but remote meetings, the Jonas Alumni Advisory Council were afforded the opportunity to meet “face-to-face” for the first time. On October 30, 2017, during the Jonas Scholars Leadership Conference and inspired by the over 400 Jonas Nurse Leaders in attendance, the Jonas Alumni Advisory Council conducted their Fall 2017 meeting.



Jonas Alumni Scholar Advisory Group at the 2017 Jonas Scholars Leadership Conference in Washington, DC. Pictured from left to right: Dr. Alicia Rossiter, Dr. Annie Rohan, Dr. Annemarie Dowling-Castronovo, Dr. Deborah Greenwood, Dr. Kathy Ingelse, Dr. Misty Richmond, and Dr. Teresa Yambo.



Join our Facebook Group dedicated for Jonas Scholars and Alumni!

How? Visit the Jonas Center Facebook Page on the left-hand rail click on “Groups” and Request to Join “Jonas Scholars & Alumni.”

Why? This group presents an opportunity to connect with fellow scholars in a dedicated private setting. Connect with fellow Scholars and Alumni by starting a discussion or commenting on the introductory post.

CONTACT THE EDITORS!

Dr. **Annie Rohan** is Director of Pediatric Research, Stony Brook University School of Nursing, Stony Brook, NY, and a Columbia University Jonas Nurse Leader Scholar (2008-2012). Dr. Rohan can be reached at annie.rohan@stonybrook.edu.

Dr. **Teresa W. Yambo** is the Assistant Professor at the University of Colorado, Colorado Springs Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences and a Rush University Bob Woodruff Foundation-Jonas Veterans Healthcare Nursing Scholar (2012-2014). Dr. Yambo can be reached at tyambo@uccs.edu.

Please contact us with any comments or suggestions!

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